



**Dear Medical Professional,**

This patient is seeking care to address **disordered eating behaviors**. The following forms, physical assessments and testing are required to be completed and returned within 7 days of this appointment. **Fax to 303-200-7098. Questions? Call us at 720-470-0010**

**Client Name:** \_\_\_\_\_ **Date of exam:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_

Current medications and dosage: \_\_\_\_\_

Physical health conditions: \_\_\_\_\_

Known diagnosis: \_\_\_\_\_ Alcohol/drug abuse: \_\_\_\_\_

Allergies: \_\_\_\_\_

**The following vitals are all required.**

<b>Sex</b>		<b>Gender Identity</b>	
<b>Height</b>		<b>Weight</b>	
<b>Last 30 day weight change</b>		<b>BMI</b>	
<b>Blood Pressure (sitting)</b>		<b>Pulse (sitting)</b>	
<b>Blood Pressure (standing)</b>		<b>Pulse (standing)</b>	
<b>Date of last DEXA</b>		<b>Temperature</b>	

**These 10 recent labs & tests (within the last 30 days) are all required** (check to mark each box as completed and attached).

<input type="checkbox"/> <b>CMP</b> (Comprehensive Metabolic Panel)	<input type="checkbox"/> <b>CBC</b> (Complete Blood Count) <b>with differential</b>
<input type="checkbox"/> <b>Phosphorus</b>	<input type="checkbox"/> <b>EKG</b> (please attach full EKG results)
<input type="checkbox"/> <b>Magnesium</b>	<input type="checkbox"/> <b>Pregnancy test</b>
<input type="checkbox"/> <b>Vitamin D</b>	<input type="checkbox"/> <b>Thyroid Function Test – T3 and TSH</b>
<input type="checkbox"/> <b>Urine Toxicology Report</b>	<input type="checkbox"/> <b>Prealbumin</b>

Abnormal lab test results: \_\_\_\_\_

Significant findings: \_\_\_\_\_

**EKG is: Normal | Abnormal (please circle one)**



### Medical Professional Attestation

Based on my physical examination, review of lab test results, and review of available medical records I certify that this patient is medically stable, able to administer their own medication, and appropriate to attend the recommended treatment program as determined by La Luna Center.

<b>Provider Signature:</b>	
<b>Printed Provider Name:</b>	
<b>Date:</b>	
<b>Phone Number:</b>	
<b>Email:</b>	
<b>Fax Number:</b>	

### Follow Ups & Recommendations:

Follow - Up Office Visit:
Follow - Up Lab Work:
Exercise / Movement Restrictions (Please Check One):  <input type="checkbox"/> I defer to the recommendations of La Luna Center's eating disorder treatment team. <input type="checkbox"/> Other:
Other:

### If EKG is abnormal:

I have reviewed the abnormal EKG for this patient and am not recommending follow-up care at this time. I understand that this patient will be entering an ambulatory facility within the next 28 days and confirm that the patient is medically stable and appropriate for these settings.	
<b>Provider Signature:</b>	
<b>Printed Provider Name:</b>	
<b>Date:</b>	